



# May Schedule 2019

## Monday

9:30 to 10:45 am – Yin/Vinyasa Yoga with Randee  
6 to 7:15 pm – Aroma Flow Yoga with Melissa  
7:30 to 8:45 pm – Gentle Yoga with Maria

## Tuesday

9:30 to 10:30 am - Yin Yoga with Danielle  
6 to 7:15 pm – All Levels Yoga with Lynn  
7:30 to 9 pm – Gentle Yoga with Lynn

## Wednesday

9:30 to 10:30 am – All Levels Yoga with Maria  
6 to 7:15 pm – All Levels Yoga with Lynn

## Thursday

9:30 to 10:30 am – All Levels with Danielle  
6 to 7:15 pm – Vinyasa Flow Yoga with Erin  
7:30 to 8:45 – Restorative Yoga with Maria

## Friday

9:30 to 10:30 am – All Levels Yoga with Lynn  
6 to 7 pm – Happy Hour Yoga with Danielle

## Saturday

10:15 to 11:30 am – All Levels Yoga with Lynn  
*\*5/11 & 5/25 only, 8-9 am Yoga Sculpt with Robyn*  
*\*5/11 only, \$5 yoga with Anita, 4 to 5 pm*

## Sunday

9:30 to 10:45 am – All Levels Yoga with Melissa  
6 to 7:15 pm – Gentle Yoga with Anita

## May Special Events

- \* LBBC Fundraiser, all classes 5/3, 5/4 & 5/5
- \* Clothing Swap, Sat. 5/4, 1-4 pm
- \* PARTY! Sat. 5/4, 7 to 10 pm
- \* Yoga Sculpt Sat, 5/11&5/25, 8 am
- \* Double Happy Hour, Fri. 5/11
- \* 2nd Saturday Special, May 11, 4-5 pm, \$5 Class
- \* Mother's Day 5/12, refreshments after 9:30 class
- \* Nia Th, 5/30, 4:30

## Class Pricing

Drop In Class	\$14	(12)
5 Class Card	\$65	(55)
10 Class Card	\$120	(100)
30 Day class card	\$120	(100)
One hour classes only	\$10	

*(Senior 62+ and student rates, available with valid ID)*

*5 and 10 class cards are valid for 6 months*

<p><b>New Student Special</b> <b>30 days unlimited classes \$40</b></p>
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## \*Yoga on Demand\*

Private lessons for you or your group, pick your time...

Private Hour \$ 60

Semi Private (3-4) \$70